

28. Berglauf



**Brülisau-
Hoher Kasten**

Sonntag, 31. August 2014

Rangliste Finisherliste

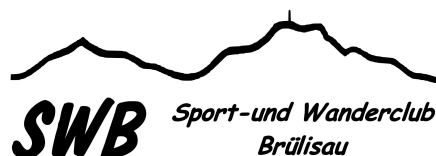
Revidierte Version *

Speziellen Dank unseren Hauptsponsoren:

Hoher Kasten, Drehrestaurant und Seilbahn AG

RAIFFEISEN

Raiffeisenbank Appenzell



* Laufzeiten aller Teilnehmer auf der grossen Strecke um 1 min. 22 sek. nach oben korrigiert.

Rangliste 28. Berglauf Brülisau - Hoher Kasten, 31.08.2014

| Kategorie: 1 Hauptklasse | | | Jahrgang 1982 bis 1994 | | | | Strecke: 8.20 km | | |
|--------------------------|-------------|-----------|------------------------|---------------------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Oswald | Jakob | 8889 | Plons | CH | 1982 | 232 | 00:45:14.70 | |
| 2 | Schilter | Thomas | 6418 | Rothenthurm | CH | 1990 | 153 | 00:47:24.10 | 02:09.40 |
| 3 | Nef | Roman | 9108 | Gontenbad | CH | 1985 | 70 | 00:47:43.60 | 02:28.90 |
| 4 | Signer | Urban | 9050 | Appenzell Eggerstanden | CH | 1988 | 179 | 00:48:59.13 | 03:44.43 |
| 5 | Richle | Stefan | 9500 | Wil SG | CH | 1983 | 150 | 00:50:24.11 | 05:09.41 |
| 6 | Steinbacher | Christoph | 9630 | Wattwil | CH | 1987 | 206 | 00:50:43.21 | 05:28.51 |
| 7 | Venzi | Marco | 9240 | Uzwil | CH | 1992 | 204 | 00:50:56.91 | 05:42.21 |
| 8 | Inauen | Stefan | 9058 | Brülisau | CH | 1988 | 71 | 00:51:28.84 | 06:14.14 |
| 9 | Fritsche | Bruno | 9050 | Appenzell | CH | 1989 | 227 | 00:51:41.64 | 06:26.94 |
| 10 | Inauen | David | 9050 | Eggerstanden | CH | 1986 | 178 | 00:52:12.23 | 06:57.53 |
| 11 | Hunziker | Sven | 9532 | Rickenbach | CH | 1983 | 162 | 00:53:22.77 | 08:08.07 |
| 12 | Gartmann | Roger | 7320 | Sargans | CH | 1986 | 25 | 00:54:32.77 | 09:18.07 |
| 13 | Schudel | Pascal | 9500 | Wil SG | CH | 1983 | 149 | 00:54:40.27 | 09:25.57 |
| 14 | Pfiffner | Thomas | 9552 | Bronschhofen | CH | 1985 | 171 | 00:55:53.66 | 10:38.96 |
| 15 | Müller | Jan | 9050 | Appenzell | CH | 1993 | 218 | 00:56:58.92 | 11:44.22 |
| 16 | Tanner | Samuel | 9000 | St. Gallen | CH | 1984 | 190 | 00:58:15.40 | 13:00.70 |
| 17 | Meier | Ueli | 9100 | Herisau | CH | 1983 | 195 | 00:58:20.31 | 13:05.61 |
| 18 | Isler | Simon | 8599 | Salmsach | | 1988 | 38 | 00:59:00.93 | 13:46.23 |
| 19 | Brunner | Julius | 73119 | Zell | DE | 1992 | 76 | 00:59:28.58 | 14:13.88 |
| 20 | Künzli | Reto | 9012 | St. Gallen | CH | 1988 | 181 | 00:59:37.24 | 14:22.54 |
| 21 | Schneider | Samuel | 9103 | Schwellbrunn | CH | 1985 | 164 | 00:59:42.09 | 14:27.39 |
| 22 | Möckli | Tobias | 9104 | Waldstatt | | 1984 | 13 | 01:00:14.78 | 15:00.08 |
| 23 | Nef | Hansueli | 9108 | Gontenbad | CH | 1990 | 78 | 01:00:18.41 | 15:03.71 |
| 24 | Hafner | Matthias | 9308 | Lömmenschwil | CH | 1991 | 186 | 01:00:29.21 | 15:14.51 |
| 25 | Fässler | Jan | 9050 | Appenzell | CH | 1992 | 63 | 01:01:14.76 | 16:00.06 |
| 26 | Schiess | Samuel | 9620 | Lichtensteig | CH | 1993 | 4 | 01:02:09.04 | 16:54.34 |
| 27 | Hohl | Andreas | 9032 | Engelburg | CH | 1983 | 14 | 01:02:24.10 | 17:09.40 |
| 28 | Weber | Markus | 9428 | Walzenhausen | CH | 1983 | 233 | 01:02:37.11 | 17:22.41 |
| 29 | Kühne | Marco | 9000 | St. Gallen | CH | 1984 | 134 | 01:02:48.58 | 17:33.88 |
| 30 | Ammann | Jörg | 7260 | Davos Dorf | CH | 1985 | 187 | 01:03:32.09 | 18:17.39 |
| 31 | Vogel | Dominik | 9247 | Henau | CH | 1990 | 133 | 01:04:56.27 | 19:41.57 |
| 32 | Wagner | Benjamin | 9038 | Rehetobel | CH | 1982 | 48 | 01:05:20.04 | 20:05.34 |
| 33 | Fässler | Simon | 9057 | Weissbad | CH | 1984 | 60 | 01:05:31.20 | 20:16.50 |
| 34 | Paul | Florian | 9552 | Bronschhofen | CH | 1988 | 155 | 01:07:32.34 | 22:17.64 |
| 35 | Moesler | Marcel | 9050 | Appenzell | CH | 1986 | 24 | 01:08:23.97 | 23:09.27 |
| 36 | Weishaupt | Marcel | 9057 | Weissbad | CH | 1982 | 215 | 01:08:32.40 | 23:17.70 |
| 37 | Breuss | Oliver | 6800 | Nofels | AT | 1983 | 3 | 01:09:41.47 | 24:26.77 |
| 38 | Wallimann | Marc | 9325 | Roggwil TG | CH | 1991 | 74 | 01:09:55.37 | 24:40.67 |
| 39 | Allenspach | Marcel | 9527 | Niederhelfenschwil | CH | 1993 | 7 | 01:10:31.28 | 25:16.58 |
| 40 | Zeller | Andreas | 9012 | St. Gallen | CH | 1989 | 180 | 01:11:50.99 | 26:36.29 |
| 41 | Wyss | Dominik | 9050 | Appenzell | CH | 1994 | 166 | 01:12:42.52 | 27:27.82 |

| Kategorie: 2 Senioren I | | | Jahrgang 1975 bis 1981 | | | | Strecke: 8.20 km | | |
|-------------------------|------------|-----------|------------------------|-------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Aemisegger | Arnold | 9497 | Triesenberg | FL | 1976 | 84 | 00:44:50.65 | |
| 2 | Walter | Jan | 9525 | Lenggenwil | CH | 1977 | 161 | 00:45:16.56 | 00:25.91 |
| 3 | Schefer | Christoph | 9450 | Lüchingen | CH | 1980 | 151 | 00:45:44.90 | 00:54.25 |
| 4 | Böhi | Remo | 9057 | Weissbad | CH | 1980 | 88 | 00:49:59.11 | 05:08.46 |
| 5 | Terzer | Patrik | 9050 | Appenzell | CH | 1980 | 217 | 00:50:21.40 | 05:30.75 |
| 6 | Schenk | Andreas | 9050 | Appenzell | CH | 1975 | 65 | 00:51:06.98 | 06:16.33 |
| 7 | Baumann | Pirmin | 9050 | Appenzell | CH | 1978 | 87 | 00:52:27.38 | 07:36.73 |
| 8 | Fässler | Roger | 9108 | Gonten | CH | 1975 | 185 | 00:53:05.93 | 08:15.28 |
| 9 | Künzle | Roman | 9050 | Appenzell | CH | 1978 | 231 | 00:53:15.44 | 08:24.79 |

Rangliste 28. Berglauf Brülisau - Hoher Kasten, 31.08.2014

| Kategorie: 2 Senioren I (Fortsetzung) | | | Jahrgang 1975 bis 1981 | | | | Strecke: 8.20 km | | |
|---------------------------------------|--------------|---------|------------------------|--------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 10 | Christen | Samuel | 9053 | Teufen AR | CH | 1977 | 220 | 00:53:19.39 | 08:28.74 |
| 11 | Kern | Marcel | 9552 | Bronschhofen | CH | 1975 | 246 | 00:54:34.91 | 09:44.26 |
| 12 | Iten | Adrian | 9108 | Gonten | CH | 1975 | 208 | 00:55:05.16 | 10:14.51 |
| 13 | Zünd | Andreas | 9463 | Oberriet | CH | 1981 | 251 | 00:55:22.46 | 10:31.81 |
| 14 | Simonett | Manuel | 9500 | Wil | CH | 1980 | 42 | 00:56:01.37 | 11:10.72 |
| 15 | Breitenmoser | Urs | 4303 | Kaiseraugst | CH | 1981 | 77 | 00:57:55.32 | 13:04.67 |
| 16 | Ramseyer | Stephan | 9052 | Niederteufen | CH | 1978 | 236 | 00:58:45.18 | 13:54.53 |
| 17 | Loher | Patrick | 9450 | Altstätten | CH | 1977 | 80 | 00:59:13.13 | 14:22.48 |
| 18 | Streule | Markus | 9058 | Brülisau | CH | 1977 | 184 | 00:59:18.14 | 14:27.49 |
| 19 | Brehm | Manuel | 9012 | St.Gallen | CH | 1975 | 67 | 01:00:12.86 | 15:22.21 |
| 20 | Reichel | Thomas | 8500 | Frauenfeld | CH | 1976 | 172 | 01:02:23.59 | 17:32.94 |
| 21 | Latzer | Roman | 9200 | Gossau | CH | 1977 | 15 | 01:04:19.30 | 19:28.65 |
| 22 | Nicola | Michael | 9472 | Grabs | | 1976 | 35 | 01:04:53.07 | 20:02.42 |
| 23 | Frei | Roman | 9436 | Balgach | CH | 1978 | 148 | 01:06:04.41 | 21:13.76 |
| 24 | Hautle | Thomas | 9000 | St. Gallen | CH | 1980 | 253 | 01:06:10.32 | 21:19.67 |
| 25 | Krutschkow | Michael | 4056 | Basel | CH | 1980 | 222 | 01:14:01.59 | 29:10.94 |

| Kategorie: 3 Senioren II | | | Jahrgang 1965 bis 1974 | | | | Strecke: 8.20 km | | |
|--------------------------|---------------|---------------|------------------------|--------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Meinzer | Stefan | 8610 | Uster | CH | 1971 | 129 | 00:50:37.75 | |
| 2 | Heim | Alexander | 9470 | Buchs | CH | 1970 | 130 | 00:50:59.31 | 00:21.56 |
| 3 | Bischofberger | Guido | 9413 | Oberegg | CH | 1968 | 68 | 00:51:28.63 | 00:50.88 |
| 4 | Langenegger | Roland | 9050 | Appenzell | CH | 1968 | 205 | 00:51:29.94 | 00:52.19 |
| 5 | Stern | Felix | 9403 | Goldach | CH | 1965 | 61 | 00:53:53.90 | 03:16.15 |
| 6 | Baumann | Hansruedi | 8360 | Wallenwil | CH | 1973 | 86 | 00:54:04.76 | 03:27.01 |
| 7 | Sturzenegger | Alex | 9016 | St. Gallen | CH | 1969 | 144 | 00:54:21.47 | 03:43.72 |
| 8 | Winiger | Roland | 9014 | St. Gallen | CH | 1968 | 199 | 00:54:38.80 | 04:01.05 |
| 9 | Aperdanner | Olaf Matthias | 9012 | St. Gallen | CH | 1968 | 82 | 00:55:10.40 | 04:32.65 |
| 10 | Schmid | Richard | 7417 | Paspels | CH | 1966 | 249 | 00:55:42.45 | 05:04.70 |
| 11 | Brugger | Rolf | 9470 | Buchs | CH | 1972 | 37 | 00:56:27.35 | 05:49.60 |
| 12 | Neff | Matthias | 9108 | Gonten | CH | 1972 | 44 | 00:57:12.19 | 06:34.44 |
| 13 | Durrer | Peter | 7324 | Vilters | CH | 1965 | 92 | 00:57:58.71 | 07:20.96 |
| 14 | Stäheli | Urs | 9552 | Bronschhofen | CH | 1967 | 137 | 00:58:09.05 | 07:31.30 |
| 15 | Baumgartner | Daniel | 9443 | Widnau | CH | 1969 | 250 | 00:58:29.46 | 07:51.71 |
| 16 | Zwingli | Urs | 9630 | Wattwil | CH | 1967 | 145 | 00:58:36.83 | 07:59.08 |
| 17 | Brandenberger | Erwin | 9325 | Roggwil | CH | 1970 | 36 | 00:59:17.26 | 08:39.51 |
| 18 | Sutter | Roman | 9050 | Eggerstanden | CH | 1974 | 239 | 00:59:35.77 | 08:58.02 |
| 19 | Akyel | Baha | 9477 | Trübbach | CH | 1966 | 141 | 00:59:53.32 | 09:15.57 |
| 20 | Gächter | Roland | 9463 | Oberriet | CH | 1972 | 158 | 01:00:16.34 | 09:38.59 |
| 21 | Kägi | Bruno | 8487 | Zell | CH | 1973 | 197 | 01:00:16.55 | 09:38.80 |
| 22 | Paulin | Andre | 4313 | MÖHLIN | CH | 1968 | 26 | 01:01:12.23 | 10:34.48 |
| 23 | Haselbach | Stefan | 9030 | Abtwil | CH | 1970 | 56 | 01:01:25.97 | 10:48.22 |
| 24 | Neff | Reto | 9058 | Brülisau | CH | 1973 | 256 | 01:02:39.26 | 12:01.51 |
| 25 | Kieliger | Matthias | 8008 | Zürich | CH | 1972 | 69 | 01:02:47.59 | 12:09.84 |
| 26 | Stock | Christoph | 9050 | Appenzell | CH | 1973 | 147 | 01:02:58.55 | 12:20.80 |
| 27 | Tschudin | Dennis | 9472 | Grabs | CH | 1971 | 196 | 01:03:11.86 | 12:34.11 |
| 28 | Rusch | Andreas | 9050 | Appenzell | CH | 1968 | 202 | 01:04:43.21 | 14:05.46 |
| 29 | Vitzikam | Jean-Marc | 9450 | Altstätten | CH | 1973 | 43 | 01:05:34.59 | 14:56.84 |
| 30 | Schädler | Herbert | 9204 | Andwil SG | CH | 1968 | 225 | 01:05:57.11 | 15:19.36 |
| 31 | Ziegler | Michael | 8570 | Weinfelden | CH | 1965 | 51 | 01:06:09.32 | 15:31.57 |
| 32 | Bühler | Joachim | 9056 | Gais | CH | 1972 | 154 | 01:06:28.88 | 15:51.13 |
| 33 | Manser | Hans | 9058 | Brülisau | CH | 1974 | 255 | 01:06:38.68 | 16:00.93 |
| 34 | Capol | Ernst | 9427 | Wolfhalden | CH | 1966 | 29 | 01:08:34.32 | 17:56.57 |
| 35 | Meienberger | Erich | 9057 | Weissbad | CH | 1965 | 257 | 01:08:43.95 | 18:06.20 |
| 36 | Wehrli | Martin | 9523 | Zuberwangen | CH | 1966 | 241 | 01:10:35.85 | 19:58.10 |
| 37 | Meitz | Markus | 9230 | Flawil | CH | 1974 | 33 | 01:11:25.99 | 20:48.24 |

Rangliste 28. Berglauf Brülisau - Hoher Kasten, 31.08.2014

| Kategorie: 3 Senioren II (Fortsetzung) | | | | Jahrgang 1965 bis 1974 | | | Strecke: 8.20 km | | |
|--|------------|---------|------|------------------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 38 | Segenreich | Bruno | 9542 | Münchwilen | CH | 1969 | 50 | 01:18:38.51 | 28:00.76 |
| 39 | Morandi | Oliver | 9442 | Berneck | CH | 1970 | 66 | 01:19:10.49 | 28:32.74 |

| Kategorie: 4 Senioren III | | | | Jahrgang 1955 bis 1964 | | | Strecke: 8.20 km | | |
|---------------------------|---------------|-----------|-------|------------------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Grob | Armin | 9125 | Brunnadern | CH | 1962 | 97 | 00:46:48.04 | |
| 2 | Steinbacher | Wisi | 9630 | Wattwil | CH | 1962 | 198 | 00:51:25.03 | 04:36.99 |
| 3 | Zikeli | Anselm | 9630 | Wattwil | CH | 1964 | 123 | 00:52:43.75 | 05:55.71 |
| 4 | Descloux | Philippe | 2557 | Studen BE | CH | 1961 | 193 | 00:52:55.83 | 06:07.79 |
| 5 | Süess | Stefan | 9215 | Schönenberg | CH | 1958 | 120 | 00:53:08.21 | 06:20.17 |
| 6 | Briechle | Klaus | 88316 | Isny D | DE | 1961 | 223 | 00:54:50.25 | 08:02.21 |
| 7 | Hagemann | Rudolf | 88316 | Isny D | DE | 1962 | 224 | 00:55:37.82 | 08:49.78 |
| 8 | Schulz | Jörg | 9044 | Wald | CH | 1963 | 9 | 00:57:49.17 | 11:01.13 |
| 9 | Rhyner | Oswald | 9470 | Buchs | CH | 1958 | 228 | 00:58:02.65 | 11:14.61 |
| 10 | Reichert | Markus | 8370 | Sirnach | CH | 1960 | 110 | 00:58:35.71 | 11:47.67 |
| 11 | Pfister | Fredy | 9535 | Wilten b. Wil | CH | 1956 | 216 | 00:59:09.98 | 12:21.94 |
| 12 | Wagner | Erich | 9240 | Uzwil | CH | 1958 | 122 | 00:59:32.77 | 12:44.73 |
| 13 | Oertle | Konrad | 9050 | Appenzell | CH | 1962 | 173 | 01:00:53.28 | 14:05.24 |
| 14 | Loher | Martin | 9462 | Montlingen | CH | 1959 | 226 | 01:01:28.32 | 14:40.28 |
| 15 | Spiegelhalder | Rainer | 78464 | Konstanz | DE | 1957 | 136 | 01:01:33.59 | 14:45.55 |
| 16 | Huber | Erich | 9300 | Wittenbach | CH | 1957 | 101 | 01:02:12.23 | 15:24.19 |
| 17 | Lang | Thomas | 8371 | Busswil | CH | 1958 | 167 | 01:03:06.45 | 16:18.41 |
| 18 | Peterer | Matthias | 9063 | Stein | CH | 1964 | 230 | 01:03:13.76 | 16:25.72 |
| 19 | Burri | Markus | 9464 | Rüthi | CH | 1961 | 89 | 01:04:45.36 | 17:57.32 |
| 20 | Stern | Christian | 9100 | Herisau | CH | 1963 | 245 | 01:06:14.39 | 19:26.35 |
| 21 | Schenker | Toni | 4658 | Däniken SO | CH | 1956 | 115 | 01:06:35.27 | 19:47.23 |
| 22 | Maute | Rolf | 8370 | Sirnach | CH | 1960 | 108 | 01:07:54.66 | 21:06.62 |
| 23 | Schönenberger | Peter | 9465 | Salez | CH | 1959 | 252 | 01:09:02.54 | 22:14.50 |
| 24 | Hablützel | Herbert | 9503 | Stehrenberg | CH | 1961 | 259 | 01:09:07.26 | 22:19.22 |
| 25 | Mettler | Paul | 9200 | Gossau | CH | 1959 | 109 | 01:09:27.01 | 22:38.97 |
| 26 | Amsler | Urs | 5275 | Etzgen | CH | 1958 | 85 | 01:10:02.13 | 23:14.09 |
| 27 | Schädler | Carl | 8370 | Sirnach | CH | 1963 | 221 | 01:10:12.76 | 23:24.72 |
| 28 | Rüegg | Albert | 8726 | Ricken | CH | 1955 | 113 | 01:11:19.06 | 24:31.02 |
| 29 | Haberstroh | Friedrich | 73235 | Weilheim an der Teck | DE | 1957 | 41 | 01:11:21.33 | 24:33.29 |
| 30 | Zuber | Ralf | 9015 | St. Gallen | CH | 1960 | 170 | 01:11:50.14 | 25:02.10 |
| 31 | Dürig | Theo | 8580 | Amriswil | CH | 1955 | 214 | 01:12:10.21 | 25:22.17 |
| 32 | Kradolfer | Urs | 9470 | Buchs SG | CH | 1955 | 165 | 01:12:13.45 | 25:25.41 |
| 33 | Binder | Eberhard | 73119 | Zell | DE | 1956 | 73 | 01:13:03.09 | 26:15.05 |
| 34 | Krähemann | Edi | 9524 | Zuzwil SG | CH | 1958 | 240 | 01:13:08.79 | 26:20.75 |
| 35 | Paul | Dieter | 9552 | Bronschhofen | CH | 1958 | 90 | 01:13:31.55 | 26:43.51 |
| 36 | Vögeli | Bernhard | 9470 | Buchs | CH | 1958 | 83 | 01:15:50.32 | 29:02.28 |
| 37 | baumann | günther | 9100 | Herisau | CH | 1964 | 64 | 01:35:07.60 | 48:19.56 |

| Kategorie: 5 Senioren IV | | | | Jahrgang 1954 und älter | | | Strecke: 8.20 km | | |
|--------------------------|------------|----------|-------|-------------------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Good | Ivo | 9434 | Au | CH | 1953 | 96 | 01:00:34.85 | |
| 2 | Hirschi | Werner | 9205 | Waldkirch | CH | 1952 | 6 | 01:00:40.13 | 00:05.28 |
| 3 | Hinder | Fridolin | 9204 | Andwil | CH | 1951 | 177 | 01:06:08.77 | 05:33.92 |
| 4 | Föllmi | Konrad | 9100 | Herisau | CH | 1944 | 244 | 01:07:23.67 | 06:48.82 |
| 5 | Moser | Hans | 9523 | Zuberwangen | CH | 1949 | 229 | 01:12:36.70 | 12:01.85 |
| 6 | Frisknecht | Jakob | 9320 | Stachen TG | CH | 1947 | 210 | 01:12:42.48 | 12:07.63 |
| 7 | Fuchs | Armin | 9535 | Wilten TG | CH | 1944 | 160 | 01:13:38.26 | 13:03.41 |
| 8 | Herdt | Rudolf | 69469 | Weinheim | DE | 1947 | 75 | 01:16:23.50 | 15:48.65 |
| 9 | Fink | Arnold | 9512 | Rossrüti | CH | 1947 | 157 | 01:46:10.46 | 45:35.61 |

Rangliste 28. Berglauf Brülisau - Hoher Kasten, 31.08.2014

| Kategorie: 6 Frauen I | | | Jahrgang 1980 bis 1995 | | | | Strecke: 8.20 km | | |
|-----------------------|-------------|---------|------------------------|-------------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Iten | Claudia | 9108 | Gonten | CH | 1980 | 209 | 01:00:15.18 | |
| 2 | Speck | Erika | 9050 | Appenzell | CH | 1988 | 117 | 01:02:11.12 | 01:55.94 |
| 3 | Amstutz | Aline | 9050 | Appenzell | CH | 1992 | 62 | 01:02:17.38 | 02:02.20 |
| 4 | Rechsteiner | Sandra | 9246 | Niederbüren | CH | 1981 | 49 | 01:04:46.04 | 04:30.86 |
| 5 | Neff | Luzia | 9532 | Rickenbach b. Wil | CH | 1982 | 163 | 01:05:24.02 | 05:08.84 |
| 6 | Huber | Nicole | 9057 | Schwende | CH | 1983 | 191 | 01:06:35.54 | 06:20.36 |
| 7 | Maissen | Maria | 8594 | Güttingen | CH | 1993 | 18 | 01:39:32.92 | 39:17.74 |
| 8 | Zemke | Valesha | 9630 | Wattwil | CH | 1987 | 207 | 01:44:17.51 | 44:02.33 |

| Kategorie: 7 Frauen II | | | Jahrgang 1975 bis 1979 | | | | Strecke: 8.20 km | | |
|------------------------|-----------|----------|------------------------|----------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Manser | Mauricia | 9057 | Weissbad | CH | 1976 | 52 | 01:10:36.24 | |
| 2 | Neff | Regula | 9108 | Gonten | CH | 1975 | 146 | 01:10:50.77 | 00:14.53 |
| 3 | Ackermann | Cathleen | 9057 | Weissbad | CH | 1978 | 81 | 01:14:25.93 | 03:49.69 |

| Kategorie: 8 Frauen III | | | Jahrgang 1965 bis 1974 | | | | Strecke: 8.20 km | | |
|-------------------------|----------|------------|------------------------|----------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Manser | Frieda | 9050 | Appenzell | CH | 1966 | 107 | 01:01:31.23 | |
| 2 | Schwager | Gabrielle | 9500 | Wil | CH | 1966 | 194 | 01:07:22.60 | 05:51.37 |
| 3 | Rüegg | Tina | 9554 | Tägerschen | CH | 1969 | 189 | 01:09:48.38 | 08:17.15 |
| 4 | Gantner | Brigitte | 9495 | Triesen | FL | 1968 | 1 | 01:10:59.88 | 09:28.65 |
| 5 | Schulz | Patricia | 9044 | Wald | CH | 1967 | 12 | 01:11:48.06 | 10:16.83 |
| 6 | Van Wier | Cornelia | 8881 | Tscherlach | CH | 1968 | 183 | 01:12:52.68 | 11:21.45 |
| 7 | Schädler | Bernadette | 8370 | Sirnach | CH | 1965 | 219 | 01:14:32.60 | 13:01.37 |
| 8 | Alpiger | Franziska | 9535 | Wilen TG | CH | 1969 | 169 | 01:16:07.74 | 14:36.51 |
| 9 | Stutz | Claudia | 9562 | Buch b. Märwil | CH | 1968 | 188 | 01:18:39.40 | 17:08.17 |
| 10 | Tschann | Vreni | 8561 | Ottoberg | CH | 1968 | 258 | 01:20:44.69 | 19:13.46 |
| 11 | Tilotta | Manuela | 9552 | Bronschhofen | CH | 1968 | 247 | 01:22:34.69 | 21:03.46 |

| Kategorie: 9 Frauen IV | | | Jahrgang 1964 und älter | | | | Strecke: 8.20 km | | |
|------------------------|-----------|----------|-------------------------|------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Iseli | Verena | 8802 | Kilchberg | CH | 1957 | 104 | 01:02:41.46 | |
| 2 | Steiner | Claudia | 8371 | Busswil | CH | 1958 | 168 | 01:09:57.23 | 07:15.77 |
| 3 | Schnider | Gertrud | 9532 | Rickenbach | CH | 1959 | 116 | 01:15:30.02 | 12:48.56 |
| 4 | Gonzalez | Annelies | 9490 | Vaduz | FL | 1960 | 95 | 01:18:14.51 | 15:33.05 |
| 5 | Schaffner | Ursula | 8050 | Zürich | CH | 1964 | 30 | 01:18:17.33 | 15:35.87 |
| 6 | Fink | Cäcilia | 9512 | Rossrüti | CH | 1961 | 156 | 01:21:45.88 | 19:04.42 |
| 7 | Buchter | Theres | 9500 | Wil | CH | 1959 | 140 | 01:25:16.20 | 22:34.74 |

| Kategorie: 10 Junioren A | | | Jahrgang 1995 bis 1996 | | | | Strecke: 8.20 km | | |
|--------------------------|--------|-----------|------------------------|------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Wyss | Patrick | 9057 | Weissbad | CH | 1996 | 23 | 00:49:48.36 | |
| 2 | Walder | Christoph | 9613 | Mühlrüti | CH | 1996 | 248 | 00:53:46.24 | 03:57.88 |
| 3 | Lutz | Samuel | 9450 | Lüchingen | CH | 1996 | 203 | 00:57:31.20 | 07:42.84 |
| 4 | Zech | Patrick | 9012 | St. Gallen | CH | 1996 | 182 | 01:14:41.80 | 24:53.44 |

| Kategorie: 11 Junioren B | | | Jahrgang 1997 bis 1999 | | | | Strecke: 8.20 km | | |
|--------------------------|---------|---------|------------------------|--------------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Künzle | David | 9527 | Niederhelfenschwil | CH | 1997 | 8 | 00:59:32.02 | |
| 2 | Räss | Marco | 9050 | Steinegg | CH | 1999 | 40 | 01:00:30.01 | 00:57.99 |
| 3 | Näscher | Basil | 9015 | St.Gallen | CH | 1997 | 47 | 01:01:05.65 | 01:33.63 |
| 4 | Köppel | Jan | 9108 | Gonten | CH | 2000 | 105 | 01:03:07.40 | 03:35.38 |

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| Kategorie: 12 Juniorinnen | | | | Jahrgang 1996 bis 1999 | | | Strecke: 8.20 km | | |
|---------------------------|----------|---------|------|------------------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Fässler | Nadja | 9057 | Weissbad | CH | 1996 | 243 | 01:04:29.81 | |
| 2 | Diethelm | Sidonia | 9230 | Flawil | CH | 1997 | 138 | 01:11:46.21 | 07:16.40 |

| Kategorie: 13 Jugend Knaben | | | | Jahrgang 2000 bis 2003 | | | Strecke: 3.10 km | | |
|-----------------------------|----------|----------|------|------------------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Vetsch | Deny | 9470 | Werdenberg | CH | 2003 | 132 | 00:12:04.02 | |
| 2 | Halter | Jean-Luc | 9100 | Herisau | CH | 2002 | 213 | 00:13:21.79 | 01:17.77 |
| 3 | Fässler | Silvan | 9058 | Brülisau | CH | 2003 | 234 | 00:14:30.04 | 02:26.02 |
| 4 | Rempfler | Urs | 9050 | Meistersrüte | CH | 2002 | 112 | 00:14:33.20 | 02:29.18 |
| 5 | Rempfler | Julian | 9050 | Meistersrüte | CH | 2003 | 111 | 00:15:39.55 | 03:35.53 |

| Kategorie: 14 Jugend Knaben | | | | Jahrgang 2004 und jünger | | | Strecke: 3.10 km | | |
|-----------------------------|--------------|-----------|------|--------------------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Halter | Nicolas | 9100 | Herisau | CH | 2006 | 211 | 00:13:41.34 | |
| 2 | Hungerbühler | Sandro | 9437 | Marbach | CH | 2005 | 174 | 00:13:53.57 | 00:12.23 |
| 3 | Inauen | Severin | 9057 | Weissbad | CH | 2004 | 19 | 00:13:58.16 | 00:16.82 |
| 4 | Inauen | Andrin | 9057 | Weissbad | CH | 2004 | 102 | 00:14:16.56 | 00:35.22 |
| 5 | Inauen | Claudio | 9057 | Weissbad | CH | 2004 | 20 | 00:14:31.12 | 00:49.78 |
| 6 | Sutter | Jannick | 9057 | Weissbad | CH | 2004 | 121 | 00:15:23.57 | 01:42.23 |
| 7 | Rusch | Christian | 9050 | Appenzell | CH | 2005 | 200 | 00:15:25.71 | 01:44.37 |
| 8 | Lippuner | Keanu | 9050 | Appenzell | CH | 2004 | 106 | 00:15:29.53 | 01:48.19 |
| 9 | Rusch | Ralph | 9057 | Weissbad | CH | 2004 | 114 | 00:15:30.89 | 01:49.55 |
| 10 | Manser | Marc | 9057 | Weissbad | CH | 2007 | 55 | 00:16:34.44 | 02:53.10 |
| 11 | Fritsche | Laurin | 9058 | Brülisau | CH | 2007 | 131 | 00:16:42.93 | 03:01.59 |

| Kategorie: 15 Jugend Mädchen | | | | Jahrgang 2000 bis 2003 | | | Strecke: 3.10 km | | |
|------------------------------|--------------|---------|------|------------------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Hungerbühler | Lea | 9437 | Marbach | CH | 2002 | 176 | 00:13:43.66 | |
| 2 | Schulz | Marlen | 9044 | Wald AR | CH | 2001 | 11 | 00:13:47.64 | 00:03.98 |
| 3 | Schulz | Noemi | 9044 | Wald AR | CH | 2001 | 10 | 00:14:55.54 | 01:11.88 |
| 4 | Fritsche | Linda | 9058 | Brülisau | CH | 2002 | 93 | 00:15:24.20 | 01:40.54 |
| 5 | Manser | Alessia | 9057 | Weissbad | CH | 2003 | 53 | 00:15:50.59 | 02:06.93 |
| 6 | Manser | Nicole | 9050 | Appenzell | CH | 2000 | 128 | 00:17:13.55 | 03:29.89 |
| 7 | Manser | Leandra | 9058 | Brülisau | CH | 2003 | 135 | 00:17:31.29 | 03:47.63 |
| 8 | Inauen | Lea | 9050 | Appenzell | CH | 2002 | 103 | 00:17:57.34 | 04:13.68 |
| 9 | Fässler | Tamara | 9058 | Brülisau | CH | 2003 | 242 | 00:19:26.90 | 05:43.24 |

| Kategorie: 16 Jugend Mädchen | | | | Jahrgang 2004 und jünger | | | Strecke: 3.10 km | | |
|------------------------------|----------|----------|------|--------------------------|------|----------|------------------|-------------|----------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Halter | Monique | 9100 | Herisau | CH | 2004 | 212 | 00:14:49.91 | |
| 2 | Fritsche | Romina | 9058 | Brülisau | CH | 2004 | 94 | 00:15:46.75 | 00:56.84 |
| 3 | Rusch | Julia | 9050 | Appenzell | CH | 2004 | 201 | 00:16:05.03 | 01:15.12 |
| 4 | Manser | Winona | 9057 | Weissbad | CH | 2004 | 54 | 00:16:43.32 | 01:53.41 |
| 5 | Manser | Julia | 9058 | Brülisau | CH | 2007 | 254 | 00:17:25.34 | 02:35.43 |
| 6 | Dörig | Sarina | 9050 | Appenzell | CH | 2004 | 91 | 00:17:56.96 | 03:07.05 |
| 7 | Grob | Ladina | 9057 | Weissbad | CH | 2006 | 98 | 00:18:20.78 | 03:30.87 |
| 8 | Grob | Stefanie | 9057 | Weissbad | CH | 2004 | 99 | 00:19:25.75 | 04:35.84 |
| 9 | Schmid | Rahel | 9058 | Brülisau | CH | 2004 | 237 | 00:20:09.27 | 05:19.36 |

| Kategorie: 17 Kurzstrecke Herren | | | | Jahrgang frei | | | Strecke: 3.10 km | | |
|----------------------------------|-------|---------|------|---------------|------|----------|------------------|-------------|---------|
| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
| 1 | Akyel | Sascha | 9477 | Trübbach | CH | 1999 | 142 | 00:17:23.13 | |

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Kategorie: 18 Kurzstrecke Frauen

Jahrgang frei

Strecke: 3.10 km

| Rang | Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit | Rückst. |
|------|---------|---------|------|----------|------|----------|-----------|-------------|----------|
| 1 | Schulz | Sandra | 9044 | Wald | CH | 1997 | 139 | 00:14:14.47 | |
| 2 | Fässler | Corina | 9058 | Brülisau | CH | 1999 | 235 | 00:19:00.31 | 04:45.84 |
| 3 | Schmid | Nicole | 9058 | Brülisau | CH | 1999 | 238 | 00:19:00.42 | 04:45.95 |
| 4 | Akyel | Sandra | 9477 | Trübbach | CH | 1969 | 143 | 00:22:28.08 | 08:13.61 |

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Kategorie: 19 Nordic-Walking

Jahrgang frei

Strecke: 8.20 km

Damen

| Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit |
|------------|------------|------|--------------|------|----------|-----------|-------------|
| Blättler | Nicole | 9450 | Altstätten | | 1967 | 58 | 02:15:09.66 |
| Ebensing | Birgit | 9428 | Walzenhausen | CH | 1956 | 152 | 02:15:55.19 |
| Fenk | Doris | 9452 | Hinterforst | CH | 1960 | 22 | 01:21:59.40 |
| Hofstetter | Andrea | 9057 | Weissbad | CH | 1969 | 32 | 01:20:09.07 |
| Marte | Ursula | 9452 | Hinterforst | CH | 1966 | 21 | 02:01:00.72 |
| Neff | Doris | 9057 | Weissbad | CH | 1966 | 57 | 01:33:19.60 |
| Rodighiero | Jacqueline | 9450 | Lüchingen | CH | 1958 | 59 | 02:15:56.91 |
| Schelbert | Verena | 6436 | Muotathal | CH | 1957 | 16 | 01:52:59.73 |
| Streule | Madlen | 8580 | Amriswil | CH | 1962 | 118 | 01:39:34.75 |

Herren

| Name | Vorname | PLZ | Ort | Land | Jahrgang | Start-Nr. | Zeit |
|-----------|---------|------|------------|------|----------|-----------|-------------|
| Keller | Paul | 9532 | Rickenbach | CH | 1965 | 159 | 01:15:36.85 |
| Meile | Stefan | 9413 | Oberegg | CH | 1967 | 27 | 01:16:05.77 |
| Pavone | Roberto | 9413 | Oberegg | CH | 1962 | 28 | 01:29:13.33 |
| Schelbert | Julius | 6436 | Muotathal | CH | 1958 | 17 | 01:12:30.17 |
| Schneider | Paul | 2542 | Pieterlen | CH | 1950 | 192 | 01:28:45.05 |
| Studer | Bruno | 9650 | Nesslau | CH | 1963 | 119 | 01:39:57.05 |

Tagesbestzeit Hauptstrecke Damen:

Iten Claudia 9108 Gonten CH 1980 209 01:00:15.18

Tagesbestzeit Hauptstrecke Herren:

Aemisegger Arnold 9497 Triesenberg FL 1976 84 00:44:50.65

Tagesbestzeit Kurzstrecke Damen:

Hungerbühler Lea 9437 Marbach CH 2002 176 00:13:43.66

Tagesbestzeit Kurzstrecke Herren:

Vetsch Deny 9470 Werdenberg CH 2003 132 00:12:04.02